

September 9, 2019 to March 16, 2020
(Register in person Sept 7th 10am-2pm @ Newton Arena)

| Monday | Tuesday | Wednesday | Thursday | Thursday | Thursday Off Ice |
|--|--|--|---|--|---|
| 22 weeks | 25 weeks | 25 weeks | 24 weeks | 24 weeks | |
| Fleetwood | Newton | Fleetwood | Newton | Newton | |
| Multi Open + stroking 4:00-5:00pm \$242 Jr Development (3/4 hr group lesson and stroking 4:00-5:00pm \$380 Canskate 4:00-4:45pm \$310 | Multi Open +Stroking 4:15-5:00pm private and semi private lessons available with David, Danalee, \$295 | Multi Open +Stroking 4:00-5:00pm shared ice private and semi private lessons available with David, Danalee, \$242 Canskate 4:00-4:45pm \$310 | #1 club skaters Multi Open 1hr + Stroking 4:00-5:15pm limited private lesson time David and Donna between 4-4:30 \$322 #2 MultiOpen 4:00-5:15pm 1/2 hr 4-4:30pm limited private lesson time David and Donna followed by Jr development (1/2 hr group lesson 4:30-5:00pm) +stroking \$434 #3 Jr Development (1/2 hr group lesson and stroking 4:30-5:15pm \$328 | Synchro only packages (stroking session included in synchro fees) #4 1 1/4 hour Multi Open with stroking 4:00-5:15pm \$213 #5 1 1/4hr Multi Open 4:00-4:30 including Jr development 4:30-5:00 with stroking \$325 #6 4:30-5:15 45min Jr development 4:30-5:00 with stroking \$220 | Pre- Novice & Club Skaters Stretch and Flexibility class 5:30-6:00 pm |
| 4:45-5:00pm Power Stroking | 4:45-5:00pm Power Stroking | 4:45-5:00pm Power Stroking | 5:00-5:15pm Power stroking inc Synchro Teams | 5:00-5:15 pm Power stroking | |
| Multi Open +Stroking 4:45-5:45pm private and semi private lessons available with Donna, Danalee \$339 | Multi Open +Stroking 4:45-5:45pm shared ice private and semi private lessons available with David, Danalee, \$339 Canskate 4:45-5:30pm \$310 | Multi Open +Stroking 4:45-5:45pm private and semi private lessons available with David, Danalee, \$339 | Juvenile Synchro 5:15-6:00pm | | |
| Skaters will receive 3 buy on coupons to make up for the three stat holiday cancelled sessions | | | 6:15pm Pre Novice Synchro | | Off Ice 6:15-7:00pm Juvenile Team |

Jr. Development is a group lesson working on Star 1-3 skating skills. Power Stroking is continual movement session to build power and endurance. Skaters in the Star program will need to book private or semi-private lessons with a coach in addition to jr development.

Skaters save 20% buying two sessions